Early Birds Plan Seven Period Day



JUNIORS, JUDY HERALD and BARNEY EVERS discuss plans for next year's "early bird" classes with Mr. Robert Mohr, Hialeah High guidance counselor.

H.H.S. Joins in National Youth Fitness Week

Hialeah participated in National Youth Fitness Week, May 3 through 9, by giving all boys' physical education classes the American Association for Health, Physical Education, and Recreation test.

The beginning of National Youth Fitness Week was in 1955, when President Dwight D. Eisenhower and many military leaders were disturbed by the number of American youths who were physicallly unfit for the Armed Services.

The American Association for Health, Physical Education, and devised a test to measure physical fitness which will be administered in many schools, including Hialeah, throughout the United States.

President Eisenhower has declared May 3-9 as National Youth all may become more aware of fitness of mind and body.

"Our team (in the contest with Russia) is made up every individual in America." President Eisenhower continues, "We need to make each one the best player that can be put on the field. This requires fitness in its deepest and over the advice in their minds broadest sense—a healthy body, and alert, discipline mind. In this meaning, fitness is the individual's maximum development for the nation's good."

The national test that was conducted at Hialeah last week consisted of pull ups, sit ups, shuttle that these learned seniors, so near run, broad jump, 50-yard dash, soft hall throw for distance, and a 600 yard walk-run test.

Hialeah was the first school in Dade County to give a physical fitness test. In 1956, the Navy Physical Fitness test was given at the start of school and again at the end of the school year. It was found that 91.1% of the boys improved their Physical Fitness in-

"H.H.S. is proud to participate in this nation-wide project," stated Coach Sal Susi, head of the physical education department. "I am confident that the boys' classes will be above the national average on the AAHPER fitness test."

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hood and childish things, and de- uable. veloping into a useful, sensible problems and has had them for many years. Our parents came through this very world and survived, and we shall survive too, so says Ann Landers, columnist for the Miami Herald. Miss Landers' advice column many times is devoted to teeners and their troubles, which are related to her through letters.

As Miss Landers walked onto the stage of the Hialeah High au-Recreation, after much research, ditorium to address the junior and ed Hialeah High observe National senior class in teenage problems, all heads turned up in wonder of what kind of advice will be given now. As the talk began, each student knew that this was going to be something different. Miss Lan-Fitness Week in the hopes that ders got the attention of her audience and held it.

She talked straight and frank, which the audience appreciated. Some heads were nodding in agreement to statement after statement from parents through marriage and right on down to steady dating, while others were mulling with non-commital looks on their

Miss Landers' advice was taken by some, considered by others and rejected by a few. It was also discussed at length by some out psychology classes. It was found to graduation, who have a backtalk, would have liked to have gone deeper into these subjects and had

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Teenagers and their problems | a question and answer period. They are sources of never-ending com- felt that steady dating is importplexity. The teenage is a world ant to teenagers and discussion of breaking away from the child- on these would have proved inval-

However, despite the limited adult. The world has its special time, the consensus was that Miss Landers did an excellent job, and student in the audience, then her job was filled, and filled well.

For the first time in the history of Hialeah High School, it will Bowling Is Top be possible for students to sched-the seven classes a day due to the ule seven classes a day due to the innovation dubbed the "early bird" May or January

This unique plan will enable students to enroll in an additional subject or elective even with a full schedule of courses. The classes, one class each for sophomores, juniors, and seniors, will be held before school at 7:30 in the morning. A required subject such as history or English will comprise the classes.

Only those students who were asked to attend the special orientation session in the cafeteria were eligible to schedule the class. They all were students of high scolastic averages, and had proved themselves capable of the additional

Through this plan, the eligible students may sign up for an elective such as typing or music, which they were formerly unable to do. This extra class, under Florida State law, cannot qualify for a graduation credit unless the student needs another credit to fulfill graduation requirements.

In this way, qualified students will have an opportunity to supplement their high school educaif she helped even one troubled tion and gain further and more extensive background for college

Boys Bowl at Palm Springs

Physical education classes for boys are now undertaking the popular sport of bowling. The boys bowl once a week at the Palm Springs Lanes, playing one string in a day, at 35c a string. The Palm Springs Lanes provides transportation both ways for the boys plus other additional services and ad-

One of the classes' star keglers is Tommy Cochran, who bowled a 256 game at Hialeah Lanes during a league tournament. It is reputed by several of the boys that Mr. Joseph Regna is an excellent bowler in his own right.

Girl's Team Scores High One of Hialeah High's girl bowling teams, composed of Sandy Schmidt, Roberta Schilling, Linda Herr, captain, Mary McAdams, and Scarlett Rose Hernandez, have placed 172 out of 9,000 teams in the nation. This same team work won the city-wide Mail-O-Graphic Tourney with a total score of 2370.

Bowling Is Cool Summer Pastime

When summer vacation rolls around, many H.H.S. students who have enjoyed bowling as a regular class activity, and those who are simply bowling enthusiasts, may register for summer bowling teams.

National Law Day Brings Visitors to H.H.S.

Dr. Hans Mansbart of Innsbrouk, Austria, guest of the U.S. State Department in Miami, was one of the outstanding guests who help-Law Day on May 1.

Mr. Bill Piquette, President of the Hialeah-Miami Springs Bar Association, Mr. Charles Whiteacre, Vice-president, and Mr. Conway Boone, Treasurer and chairman of Law Day activities, visited H.H.S. as part of the Hialeah-Miami Springs Bar Association's Law Day Activities, and spoke to various social studies classes in the auditorium.

The lawyers discussed law today, its effects, and its importance to the American people. The general theme expressed was that mankind must abide by established laws in order to preserve those hard-won rights of life, liberty, and happiness. A question and answer period ensued, which brought several important issues,

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CHARLES WHITEACRE, member of the Hialeah-Miami Springs Bar Association, addresses of of Hialeah High's social studies classes on National Law Day.

among them, the proposed "Metro" court system.

"The purpose of the lectures is gard for the law. to emphasize the positive fact that this great country of ours is one of laws, and not of man, in contrast to some of the Communist dominated countries," stated Mr. Charles Whiteacre.

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SHOES SHINED In the Patio of the Flamingo Plaza

He went on to say that the youth of today seemed to hold high re-

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